

# JBM-HH Catholic Community

## Lenten and Easter Services 2018

### LENT

- FEB 14 ASH WEDNESDAY  
*Noon & 1800 Masses – Memorial Chapel*
- FEB 16, 23 LENTEN FRIDAYS  
MAR 2, 9, 16, 23 *1800 Stations of the Cross*  
*1830 Penitential Supper*
- MAR 3-6 LENTEN MISSION
- MAR 13 PENANCE SERVICE  
*1900 Service with opportunity for individual confession*
- MAR 15, 22 LENTEN CONCERT SERIES  
*Noon - Concert followed by Lunch & Devotional*

### SACRED PASCHAL TRIDUUM

- MAR 29 HOLY THURSDAY  
*1900 Liturgy of the Lord's Supper*
- MAR 30 GOOD FRIDAY  
*1900 Liturgy of our Lord's Passion and Death*  
*No Noon Mass*
- MAR 31 HOLY SATURDAY | EASTER VIGIL  
*1930 Easter Vigil Mass*  
*No 1700 Mass*

### EASTER

- APR 1 EASTER SUNDAY  
*0900 Easter Mass*
- APR 7 CONFIRMATION  
*1600 at the Crypt Church, Shrine of the Immaculate Conception*
- APR 8 SECOND SUNDAY OF EASTER
- APR 15 THIRD SUNDAY OF EASTER  
*First Communion at the 0900 Mass*
- APR 22 FOURTH SUNDAY OF EASTER
- APR 29 FIFTH SUNDAY OF EASTER
- MAY 6 SIXTH SUNDAY OF EASTER
- MAY 13 THE ASCENSION OF THE LORD
- MAY 20 PENTECOST

HE IS  
*Risen*

## Lent and Easter Guidelines

### Ash Wednesday

On this day the Church invites us to receive a cross of ashes on our foreheads as a sign that during the coming days of Lent we will make a sincere effort to cleanse our lives of sin and to discipline ourselves through prayer and fasting.

### Who May Receive Ashes?

Baptized individuals who have reached the age of reason. Babies and young children who have not yet received the Sacrament of Penance do not receive ashes since ashes are intended for those who are capable of personal sin. The observance of Ash Wednesday is intended to lead the baptized members of the Church to repentance and renewal of baptismal promises at Easter.

### Ashes and RCIA

All baptized Christians – those baptized in other Christian Churches and baptized but uncatechised Catholics – may receive ashes as part of their preparation for completing their initiation.

### Lent

The Christian faithful are called to do penance through prayer, fasting abstinence and by exercising works of piety and charity. All Fridays through the year and especially during Lent, are penitential days.

### Easter Duty

All Catholics should worthily receive Holy Communion at least once in the time period beginning on the First Sunday of Lent and ending on Trinity Sunday.

## Abstinence & Fasting

**ASH WEDNESDAY**, and **GOOD FRIDAY** are days of fast and abstinence. **FRIDAYS OF LENT** are also days of abstinence.

**FASTING** is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

**ABSTINENCE** is observed by all 14 years of age and older. On days of abstinence, no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

