



Saturday, March 10, 2018

8:00 a.m. – 12:30 p.m.

Our Lady of Good Counsel, Vienna, VA

Registration and Continental Breakfast—8:00 a.m. Program begins at 9:00 a.m.

Ash Wednesday is this week and if you're like most Catholics, you've been thinking about something special to do for Lent. As children, the hardest thing for us was to give up candy. Since those days, the focus on sacrificing during Lent has eased up a bit and turned into finding something very special to undertake during the weeks of the journey to Easter, something that will stretch us in ways that we can grow in our spirituality and awareness of others' needs. Instead of being inward (giving up something), we're now pushing outward, (growing and giving.)

Attending *Live Jesus!* is that perfect "something special" you can do for Lent. It's the annual Saturday morning of reflection, prayer and fellowship focused on the spirituality of St. Francis de Sales. Although this is the 15th year this event is taking place, there is always something new to be learned. The presenters will be Rev. David Kenehan, OSFS and Rev. Mark Hushen, OSFS, two Oblates of St. Francis de Sales who will bring new insights to the teachings of the great "Gentleman Saint."

Fr. Kenehan is a retired Army Chaplain and occasionally assists at both St. John Neumann and at Our Lady of Good Counsel. In his unique presentation, "My Life With Jesus - Be Not Afraid" he'll tell real life stories of several people. You'll gain a deeper appreciation for how a life with Jesus can lead to a greater sense of peace and well being.

Fr. Hushen is now Chief Mission and Legacy Officer of Ashley Addiction Treatment in Havre de Grace, MD. His distinctive presentation will focus on how to use Salesian Spirituality to build and maintain healthy, loving relationships. Come prepared to learn from this challenging portion of the program, "Train the Mind, Change the Brain. Change the Brain, Change the Game!"

The event will be held on Saturday, March 10 beginning with a continental breakfast at 8am in De Sales Hall followed by the two presentations which will be followed by celebration of Mass, concluding at about 12:45 pm. Register today by going to the [Oblates homepage](#) and clicking on the [Live Jesus](#) icon. If you don't have a computer or don't feel comfortable using one, Merle Senyk in the Administration Office (703-896-7402) will register for you. If there's only one special thing you do during Lent, 2018, let this be it!